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## Attitudes of pregnant women and healthcare professionals towards clinical trials and routine implementation of antenatal vaccination against respiratory syncytial virus: a multi-centre questionnaire study

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### Abbreviated title

Attitudes to antenatal RSV vaccination: a questionnaire study

### **Running title**

Attitudes to antenatal RSV vaccination

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### **Conflict of Interests Statement**

CW, AC, JM, KB, PH, AK, AF, MS and CJ are investigators for clinical trials done on behalf of their respective institutions, sponsored by various vaccine manufacturers, but receive no personal funding for these activities.

## Abstract

### Introduction

Respiratory Syncytial Virus (RSV) is a common cause of infant hospitalisation and mortality. With multiple vaccines in development, we aimed to determine [1] the awareness of RSV amongst pregnant women and healthcare professionals (HCPs), and [2] attitudes towards clinical trials and routine implementation of antenatal RSV vaccination.

#### Methods

Separate questionnaires for pregnant women and HCPs were distributed within four hospitals in South England (July 2017-January 2018).

#### Results

Responses from 314 pregnant women and 204 HCPs (18% obstetricians, 75% midwives, 7% unknown) were analyzed. Most pregnant women (88%) and midwives (66%) had no/very little awareness of RSV, unlike obstetricians (14%). Amongst pregnant women, 29% and 75% would likely accept RSV vaccination as part of a trial, or if routinely-recommended, respectively. Younger women (16-24 years), those of 21-30 weeks' gestation, and with experience of RSV were significantly more likely to participate in trials (OR: 1.42 [1.72-9.86]; OR: 2.29 [1.22-4.31]; OR: 9.07 [1.62-50.86], respectively). White-British women and those of 21-30 weeks' gestation were more likely to accept routinely-recommended vaccination (OR: 2.16 [1.07-4.13]; OR: 2.10 [1.07-4.13]). Obstetricians were more likely than midwives to support clinical trials (92% vs. 68%, OR: 2.50, 1.01-6.16) and routine RSV vaccination (89% vs. 79%, OR: 4.08, 1.53-9.81), as were those with prior knowledge of RSV, and who deemed it serious.

#### Conclusion

RSV awareness is low amongst pregnant women and midwives. Education will be required to support successful implementation of routine antenatal vaccination. Research is needed to understand reasons for vaccine hesitancy amongst pregnant women and HCPs, particularly midwives.

## Introduction

Respiratory Syncytial Virus (RSV) is the leading viral cause of lower respiratory tract infection and bronchiolitis in infants, and is a major cause of hospitalization and mortality worldwide <sup>1</sup>. RSV infects more that 60% of children in their first year of life, and almost 100% by two years of age <sup>2</sup>. The estimated case fatality ratio for children hospitalized with severe RSV disease is 0.3% in industrialized countries, and 2.1% in developing countries<sup>3</sup>. Severe illness often occurs in children under six months <sup>4</sup>, particularly in those born prematurely or with underlying chronic illness, and the development of novel prevention and treatment strategies is an international priority <sup>5</sup> <sup>6</sup>.

Antenatal vaccination is an effective means of protecting young infants from infection when the period of greatest susceptibility is shortly after birth <sup>7-10</sup>, and is now routinely recommended for use against a number of pathogens, including tetanus, influenza and pertussis <sup>11</sup>. No vaccine against RSV is yet approved for routine use, however a number of candidates are in development <sup>12</sup> <sup>13</sup>, one of which is undergoing international phase III efficacy trials in pregnant women (NCT02624947) <sup>11</sup> <sup>14</sup>. An advantage of vaccination in pregnancy, rather than infancy, is that protection is afforded to infants from birth and extends through the period of highest risk of severe disease.

Achieving vaccine acceptance amongst pregnant women and maternity healthcare professionals (HCPs) has proven to be a considerable public health

challenge, particularly in developed countries, and uptake of routine vaccination (especially influenza) remains suboptimal <sup>15</sup>. Furthermore, recruitment of pregnant women into clinical trials may be difficult, particularly as historically they have been excluded from participation, and there is a paucity of information regarding their recruitment and retention<sup>16</sup> <sup>17</sup>. Pre-emptively ascertaining the level of awareness of RSV amongst pregnant women and HCPs, as well as their attitudes to vaccine clinical trials and routine implementation of an RSV vaccine, may allow us to identify interventions to optimise both recruitment for future trials and uptake in a routine setting.

Our aims were to determine [1] the level of awareness of RSV amongst pregnant women and HCPs, and [2] their attitudes towards clinical trials and routine implementation of RSV antenatal vaccination.

### **Methods**

#### **Questionnaire design and development**

Two separate anonymized questionnaires were developed for pregnant women and maternity HCPs (see supplementary information). These were developed with input from a multi-disciplinary study team including pediatricians, obstetricians, and health psychologists. Pregnant women and maternity HCPs were asked about their awareness and experience of RSV and bronchiolitis, pregnant women were asked whether they would hypothetically consider receiving an RSV vaccine as part of a clinical trial or if a vaccine were routinely recommended, and maternity HCPs if they would support clinical trials and routine recommendations. Women were also asked about the number of vaccines they would deem acceptable during pregnancy, and their opinions regarding the design of vaccine clinical trials. Part way through the questionnaire (having completed a self-assessment of their prior awareness/experience of RSV and bronchiolitis), participants were provided with written information on RSV and bronchiolitis inside a sealed envelope. This was done in order to inform further questions, whilst avoiding biasing their selfassessment in the previous section. Ethical approval was granted (reference 17/L0/0537) and the study was registered on Clinical Trials gov prior to recruitment (NCT03096574).

#### Study population and recruitment

The questionnaire for pregnant women was administered to women (aged  $\geq 16$  years at the time of recruitment) attending for routine antenatal care at four study sites in southern England: University Hospital Southampton NHS Foundation Trust, Oxford University Hospitals NHS Foundation Trust, University Hospitals Bristol NHS Foundation Trust, and St George's University Hospitals NHS Foundation Trust, London. These four study sites were selected due to their high birth rates (all >4000 births/year <sup>18</sup>), and by distributing our questionnaire across four hospitals we attempted to increase the demographic diversity of our study population. The HCP questionnaire was administered to those working in either midwifery or obstetrics at the same four sites. Antenatal care for low-risk women in the UK is midwife-led, with women only seeing an obstetrician if they have a high-risk pregnancy, therefore the majority of potential respondents to our questionnaire were midwives.

Recruitment of participants took place from July 2017 to January 2018. Pregnant women were recruited in-person at antenatal clinics and wards by members of the study team on an opportunistic (non-sequential) basis over the recruitment period, and given paper questionnaires to complete. For recruitment of HCPs, all obstetricians and midwives at the participating institutions were identified by a senior member of staff not involved in the study (using email distribution lists). They were then contacted via an email containing a link to an online questionnaire, followed by two email reminders. Alternatively, HCPs may also have been recruited in-person by the study team (in a similar fashion to pregnant women), in which case they were also given paper questionnaires. At the time of recruitment, information provided on the nature of the questionnaire

was kept to a minimum in order to avoid biasing participant responses. The participant information sheet stated only that the aim of the study was to better understand their attitudes towards RSV and vaccination during pregnancy. Participation in the study was voluntary and no financial or other incentive was offered. All participants gave informed consent.

#### **Questionnaire data analysis**

Questionnaire data were entered at the lead site (Southampton) into iSurvey (www.isurvey.soton.ac.uk). Statistical analysis was performed using IBM SPSS Statistics version 25. Ordinal regression analysis was performed, and adjusted odds ratios (ORs) and 95% confidence intervals (CI) were calculated. P-values <0.05 were considered as statistically significant. Multicollinearity was examined using the tolerance test and the Variance Inflation Factor (VIF) to ensure variables with a VIF value exceeding 2.5 were not entered into the multivariate regression analysis.

### Results

A total of 525 participants completed the questionnaires: 321 pregnant women and 204 HCPs (18% obstetricians, 75% midwives, and for 7% the professional role was unknown). Seven questionnaires from pregnant women, and five from HCPs, were excluded due to largely incomplete or illegible responses, leaving 513 (98%) for analysis. The numbers of respondents were equally distributed between the four study sites. The full characteristics of respondents are displayed in Table 1.

#### **Responses from pregnant women**

Most pregnant women reported no (71%) or very little (17%) awareness of RSV, and reported no experience (93%) [see Figure 1]. They were much more familiar with the term 'bronchiolitis' (only 14% had never heard of it), and bronchiolitis tended to be perceived as more common and serious than RSV.

Of 312 who responded, 28% were likely/very likely, 32% not sure, and 40% unlikely/very unlikely to consider receiving RSV vaccination as part of a clinical trial. The most important information to women was the likelihood of side effects for their baby (see Figure 2). Ordinal regression analysis (see Table 2) demonstrated that women were significantly more likely to accept RSV vaccination as part of a clinical trial if they had direct experience of RSV (OR: 9.07, 95% CI: 1.62-50.86), were of younger age (16-24 years, OR: 1.42, 95% CI: 1.72-9.86) and of 21-30 weeks' gestation (OR: 2.29, 95% CI: 1.22-4.31). Women

were significantly less likely to consider taking part if they perceived bronchiolitis as extremely/moderately serious (OR: 0.38, 95% CI: 0.15-0.93) or somewhat serious (OR: 0.27, 95% CI: 0.11-0.68).

More women would accept the vaccine if it was routinely recommended: of 308 who responded, 40% were very likely, 35% likely, 16% not sure, 5% unlikely and 4% very unlikely. Women were significantly more likely to accept routine RSV vaccination if they identified as White British (OR: 2.16, 95% CI: 1.22-3.83) versus non-White British, and were of 21-30 weeks' gestation (OR: 2.10, 95% CI: 1.07-4.13)

The most popular method of being approached regarding study involvement was face-to-face by their midwife (37%), but 26% wouldn't have a preference (see Figure 3). The amount of time pregnant women would need to consider whether or not to participate in a trial was variable, but 72% responded  $\leq$  one week (17% <24 hours, 22% 1-2 days, 33% 3-7 days, 18% 2-3 weeks, and 10% >1 month). For the majority (82%), their decision to participate wouldn't be altered if the study was a randomised controlled trial, but 15% would be less likely to take part, and 3% would be more likely. For 66%, their decision wouldn't be altered if the study involved different doses of vaccine, but 31% would be less likely to take part, and 3% would be more likely. The number of vaccines in pregnancy deemed acceptable by women was variable, however 25% would accept two vaccines or less, 27% would accept three, 11% four, 6% five, and 32% would accept more than five (i.e. as many as were recommended). Finally, in the free-text comments (see supplementary information), some women raised concerns

regarding side-effects for their baby, and others stated support for vaccination, often describing personal experience.

#### **Responses from maternity healthcare professionals**

HCPs had greater awareness and experience of RSV than pregnant women, however obstetricians were significantly more familiar than midwives with both RSV (OR: 9.42, 95% CI: 5.08-25.30, p<0.0001) and bronchiolitis (OR 2.68, 95% CI: 1.29-5.55, p=0.008) [see Figure 1].

Of 192 HCPs who responded, 72% were likely/very likely, 19% not sure, and 9% unlikely/very unlikely to support a clinical trial of RSV vaccination. The most important information to HCPs was the likelihood of side effects for the baby. Ordinal regression analysis (see Table 2) demonstrated that HCPs were significantly more likely to consider supporting a clinical trial if they were obstetricians (OR: 2.50, 95% CI: 1.01-6.16), had good/some understanding of RSV (OR: 4.42, 95% CI: 1.10-17.83), and perceived RSV as extremely (OR: 4.85, 95% CI: 1.11-21.28) or moderately/somewhat serious (OR: 4.16, 95% CI :1.26-13.75). Likelihood of support also varied between study sites, with HCPs from sites A, B and C being significantly more likely to support a trial than those in site D.

More HCPs would support administration of the vaccine if it was routinely recommended: 47% definitely, 34% likely, 14% not sure, 4% unlikely and 0.5% very unlikely. Obstetricians were significantly more likely than midwives to support the administration of a routine RSV vaccine (OR: 4.08, 95% CI: 1.53-

9.81), as were those HCPs with good/some understanding of RSV (OR: 6.07, 95% CI: 1.23-29.93) and those who perceived RSV as moderately/somewhat serious (OR: 4.41, 95% CI: 1.32-14.78) [see Table 3]. Likelihood of supporting a routine RSV vaccine also varied significantly by study site with HCPs from sites A, B being significantly more likely to support routine vaccination than those in site D. Finally, in the free-text comments [see supplementary information] some HCPs reported concerns regarding the possibility of side-effects for the baby.

### Discussion

The high burden of RSV infection has driven recent efforts to develop an effective antenatal vaccine. This is a large multi-centre study in which we have attempted to establish the level of awareness of RSV, and attitudes to vaccine clinical trials and routine implementation of an RSV vaccine during pregnancy.

The awareness of RSV was low amongst pregnant women and midwives, compared with obstetricians. Younger pregnant women, those of 21-30 weeks' gestation, and those recalling direct experience of RSV, were significantly more likely to consider involvement in an RSV vaccine trial; and direct face-to-face interaction with a midwife was the preferred method of potential recruitment (amongst those who had a preference). Encouragingly, the majority of women would accept routine RSV vaccination, yet some (25%) would still be unsure or unlikely to accept vaccination, particularly those of ethnic minorities, and onequarter would accept  $\leq$  2 vaccines during pregnancy. Approximately 70% and 80% of HCPs would be likely to support an RSV vaccine trial and routine RSV vaccination respectively. Obstetricians were more likely than midwives to support both RSV trials and routine vaccination, as were those with prior knowledge of RSV and those who perceived it as a serious cause of infection. Support for potential RSV trials and routine vaccination also varied significantly by study site.

It is notable that the awareness of RSV is so low given that RSV-associated respiratory tract infection is one of the commonest causes of infant hospitalisation and mortality worldwide <sup>1</sup>. Being thoroughly informed as to the indication and efficacy of vaccination has been shown to significantly increase the probability of its acceptance<sup>19 20</sup>. Therefore, with a number of RSV vaccine candidates currently in development, further education of both pregnant women and HCPs will be needed if we are to optimise engagement with vaccination trials and eventual uptake of RSV vaccines as part of routine care. Both pregnant women and HCPs seemed to better identify with the term bronchiolitis than RSV, and therefore specifically highlighting the link between these may be helpful in educational strategies. We do note that those who perceived bronchiolitis as serious were significantly less likely to consider participating in an RSV trial, however it is possible that this is a result of confounding due to a lack of knowledge regarding bronchiolitis. It is also interesting to note that women of 21-30 weeks' gestation were significantly more accepting of both RSV trials and routine vaccination, perhaps due to a sense of reassurance following their 20week anomaly scan and subsequent clinical review. Finally, the finding that women of ethnic minorities were less likely to accept routine RSV vaccination has been similarly observed in a number of previous studies of routinelyrecommended vaccines<sup>21–23</sup>, yet the underlying reasons remain poorly understood, and may include cultural/religious differences, as well as language barriers.

It is concerning that a number of the HCPs surveyed in this study would be unlikely to support either clinical trials or routine vaccination against RSV.

Maternity HCPs can be strong advocates for antenatal vaccination, and encouragement from them (particularly midwives) may increase intention by up to 20 times<sup>2425</sup>. Furthermore, HCPs are well-placed to facilitate clinical trial recruitment by identifying and speaking directly to eligible women, and addressing specific concerns about research safety and practicality<sup>17</sup>. It is important to note that obstetricians were significantly more willing to provide support for both clinical trials and routine vaccination than midwives, independent of their prior knowledge/experience of RSV or bronchiolitis. Barriers to engagement of midwives and nurses in research that have been identified in previous studies, include high workload, insufficient staff numbers and resources, a lack of confidence, and a lack of a research-supportive culture <sup>26</sup> <sup>27</sup>. Finally, the observed differences in support for both routine vaccination and clinical trials between study sites also suggests that there may be a potential risk of health inequalities based on differing recommendations across the South of England. All four sites had been involved in trials of antenatal vaccination (including RSV trials) prior to this study, and all have recently embedded vaccination into their routine antenatal care service. Site D only recently set up this vaccination service however (following the completion of this study), whereas it has been operating at the other sites for a longer period of time. They also report having comparatively less involvement from clinical teams in their vaccination trials. This may therefore, at least in part, explain the lower acceptance at this institution compared with sites A, B and C.

#### Implications for clinical practice and research

It is clear that education about RSV and bronchiolitis for pregnant women will be required in order to optimise uptake rates of antenatal RSV vaccination if it is introduced into routine care. Such education should highlight the safety and benefits of vaccination for their child, as studies have consistently shown that perception of potential harm to the baby is the primary reason for vaccine refusal <sup>25 28</sup>, whereas messages emphasising the protective benefits conferred to infants is a major motivator for pregnant women to undergo vaccination <sup>29</sup>. As well as face-to-face counselling, possible strategies could include paper and online education resources <sup>40 30</sup>, as well as mobile phone text messages (such as Text4baby <sup>31</sup>) and smart phone apps (such as MatImms <sup>32</sup>). Education for HCPs on RSV and bronchiolitis will also be required in order to ensure active promotion of vaccination, and individual institutions should aim to tackle any general vaccine hesitancy within their own working body.

With regards to improving uptake into future antenatal vaccine trials, it is important to note that the majority of our respondents wouldn't be deterred by a randomized controlled trial design, and that direct face-to-face interaction with an HCP was the preferred method of recruitment. Improving study team outreach and forming integrated networks between research teams and healthcare providers/clinical staff may help improve clinicians' willingness to promote clinical studies to their patients, as well as pregnant women's willingness to join studies <sup>17</sup>, and this has proven a successful method of recruiting pregnant women in previous studies <sup>33 34</sup>. Social media and web-based recruitment may be used as a cost-effective supplement to traditional recruitment methods, and facilitate participation of traditionally harder-to-reach

populations <sup>17 35</sup>, however this approach may be less successful for higher-risk intervention-based studies, including antenatal vaccine trials.

Finally, it should be noted that there are other potential antenatal vaccines in development (including group B streptococcus and cytomegalovirus <sup>11</sup>), for which education and support from staff will also be required for successful implementation <sup>22</sup>. Furthermore, it is also worth considering that whilst a third of our respondents would accept as many vaccines as were recommended, many women may be reluctant to accept high numbers of vaccines, especially if given on separate occasions<sup>36 37</sup>. Pragmatic research is therefore required to consider the logistical aspects of future antenatal vaccine delivery.

#### **Strengths and limitations**

This study had significant numbers of respondents, and by distributing our questionnaire across four hospitals in southern England we attempted to maximise the diversity of our study population. That said, the responses to the questionnaire cannot be taken as representative of all pregnant women and maternity HCPs. Our respondents were all recruited from antenatal clinics based in tertiary hospitals, and therefore it is also possible that our sample was missing subsets of the population that tend to be more anti-vaccination. Future studies might benefit from recruiting over a wider geographical area, and from different types of sites (such as non-tertiary hospitals and primary care), and perhaps utilising online recruitment via pregnancy-associated websites and social media. It may have been also beneficial to collect socio-economic data from our participants in order to assess the representativeness of our study sample. Other

limitations are that data on the uptake of antenatal vaccination was not collected from women's medical records following delivery, and data on the uptake of influenza vaccination amongst HCPs wasn't collected. Finally, the number of pregnant women/HCPs approached, and the number who declined participation (as well as their reasons for doing so) was not recorded, and we are therefore unable to report this data.

#### Conclusions

RSV awareness appears low amongst pregnant women and midwives in the UK. Education will be required to optimise engagement with vaccination trials and eventual uptake of RSV vaccination following routine implementation, with an emphasis on women of ethnic minorities. Active promotion of vaccination must be incorporated into routine antenatal care, and further research is needed to understand reasons for vaccine hesitancy amongst both pregnant women and HCPs, particularly midwives.

## Figure captions [images to be reproduced in colour online only]:

**Figure 1**: Reported familiarity and experience with RSV (A & B) and bronchiolitis (C) amongst pregnant women, midwives and obstetricians, prior to their involvement in this study.

**Figure 2**: Information that would be considered most important to the pregnant women in this study when deciding whether to take part in a research study of an RSV vaccine (A), and other factors which would discourage them from taking part (B).

**Figure 3**: Preferred method of being approached regarding potential clinical trial involvement amongst the pregnant women in this study

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## **Author Contributions**

CW drafted the manuscript and was principal investigator. All authors contributed to questionnaire design and critically revised the manuscript. CW, AC, JM, EK, RM, KB, PH, AK, AF, MS, TV, TN, MC and CJ were involved in study set up and data collection at the participating sites. CW, TN and CJ performed the data analysis. CJ conceived the study and was chief investigator. All authors approved the final version of the manuscript.

## **Conflict of Interests Statement**

CW, AC, JM, KB, PH, AK, AF, MS and CJ are investigators for clinical trials done on behalf of their respective institutions, sponsored by various vaccine manufacturers, but receive no personal funding for these activities.

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## **Clinical trial registration**

The questionnaire study was registered on ClinicalTrials.gov prior to recruitment (NCT03096574).

## **Ethical approval**

Ethical approval was granted from the West London & GTAC NHS Research Ethics Committee (reference 17/LO/0537).

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Characteristic	Pregnant women,	Healthcare professionals,
	n=314	n=199
Age	1-511	n-177
16-24	34 (11%)	
25-30	107 (34%)	
31-35	92 (29%)	
36-40	58 (19%)	
41+	13 (4%)	
Gestation (weeks)	10 (170)	
<12	8 (2%)	
12-16	37 (12%)	
17-20	31 (10%)	
21-30	55 (18%)	
31-36	93 (30%)	
>37	76 (24%)	
Study site	, 0 (2170)	
A	88 (28%)	43 (22%)
В	77 (25%)	53 (27%)
С	79 (25%)	61 (31%)
D	70 (22%)	42 (21%)
Ethnicity	10 (2270)	72 [2170]
Asian (British, Indian, Pakistani, Bangladeshi, Chinese,	25 (8%)	4 (2%)
other)	25 (870)	4 (270)
Black (British, African, Caribbean, other)	17 (5%)	4 (2%)
White (British, Irish, other)	248 (79%)	175 (88%)
Mixed (Caribbean, African, Asian, other)	11 (4%)	6 (3%)
Other ethnic group (Arab, other)	3 (1%)	0 (0%)
Did not want to say	1 (0.3%)	1 (1%)
No response Has children	10 (3%)	9 (5%)
	142 (450/)	72 (260/)
No	142 (45%)	72 (36%)
Yes	172 (55%)	127 (64%)
Profession		27(100/)
Obstetrics Miduiform		37 (19%)
Midwifery		151 (76%)
No response Midwifery conjective		11 (6%)
Midwifery seniority		Q (E04)
Band 5 (newly-qualified midwife)		8 (5%)
Band 6 (junior midwife)		84 (56%)
Band 7 (senior midwife)		46 (30%)
Band 8 (midwifery manager)		8 (5%)
No response		5 (3%)
Obstetrician seniority		0 (220/)
Specialty training years 1-3 (or equivalent)		8 (22%)
Specialty training years 4-6 (or equivalent)		6 (16%) 6 (16%)
Specialty training years 7-8 (or equivalent)		6 (16%) 17 (46%)
Consultant Time spent working in maternity care (years)		17 (46%)
11me spent working in maternity care (years) <2		17 (9%)
<2 2-5		29 (15%)
6-10		37 (19%)
11-15		20 (10%)
16-20		26 (13%)
>21		62 (31%)
No response		8 (4%)

**Table 1**: Characteristics of the questionnaire respondents (pregnant women and maternity healthcare professionals)

**Table 2**: Ordinal regression analysis of factors predicting pregnant women's willingness to consider undergoing RSV vaccination during pregnancy as part of a clinical trial, or if routinely recommended

Variable	Number who'd be 'extremely likely' or 'likely' to accept RSV vaccination as part of a clinical trialAdjusted odds ratio (95% CI)		Number who'd be extremely likely' or 'likely' to accept RSV vaccination if routinely recommended	Adjusted odds ratio (95% CI)	
Age in years			recommended		
16-24	18/34 (53%)	1.42 (1.72-9.86) **	27/34 (79%)	0.68 (0.28-1.67)	
25-35	54/199 (27%)	1.18 (0.67-2.07)	149/198 (75%)	0.71 (0.39-1.28)	
36-45	16/70 (23%)	1.00 for reference	53/70 (76%)	1.00 for reference	
Gestation in weeks	10/70 (23/0)	1.00 for reference	35/10 (10/0)	1.00 for reference	
<12	3/8 (38%)	1.99 (0.46-8.51)	6/8 (75%)	0.67 (0.15-3.00)	
12-20	24/68 (35%)	1.26 (0.72-2.22)	52/68 (76%)	1.17 (0.65-2.10)	
21-30	18/55 (33%)	2.29 (1.22-4.31) **	42/54 (78%)	2.10 (1.07-4.13) *	
31+	43/168 (26%)	1.00 for reference	128/168 (76%)	1.00 for reference	
Study site	43/108 (20%)	1.00 IOI IEIEIEIEE	128/108 (70%)	1.00 IOI TETETETETE	
Site A	25/86 (29%)	0.80 (0.40-1.59)	65/87 (75%)	0.99 (0.49-2.00)	
Site B	· · ·	· · · · ·	· · ·		
	23/77 (30%)	0.72 (0.35-1.49)	62/76 (82%)	1.26 (0.59-2.69)	
Site C	20/79 (25%)	0.54 (0.26-1.10)	55/76 (72%)	0.78 (0.37-1.63)	
Site D	20/70 (29%)	1.00 for reference	50/69 (72%)	1.00 for reference	
Previous children					
Yes	50/171 (29%)	1.13 (0.71-1.81)	122/171 (71%)	0.64 (0.39-1.05)	
No	39/141 (28%)	1.00 for reference	110/137 (80%)	1.00 for reference	
Ethnicity					
White British	66/224 (29%)	1.27 (0.73-2.21)	177/223 (79%)	2.16 (1.22-3.83) **	
Non-White British	23/88 (26%)	1.00 for reference	55/85 (65%)	1.00 for reference	
Previous RSV experience					
Direct experience	5/8 (63%)	9.07 (1.62-50.86) *	8/8 (100%)	8.20 (0.71-94.16)	
Indirect experience	5/13 (38%)	1.11 (0.32-3.81)	10/13 (77%)	1.09 (0.30-3.96)	
No experience	79/291 (27%)	1.00 for reference	214/287 (75%)	1.00 for reference	
RSV familiarity					
Good/some understanding	5/14 (36%)	0.54 (0.12-2.30)	11/14 (79%)	1.77 (0.37-8.56)	
Poor understanding	21/77 (27%)	0.80 (0.47-1.38)	55/76 (72%)	0.96 (0.55-1.68)	
No understanding	63/219 (29%)	1.00 for reference	164/216 (76%)	1.00 for reference	
Perceived RSV frequency					
Extremely/moderately common	18/50 (36%)	1.12 (0.53-2.35)	39/51 (76%)	1.03 (0.47-2.23)	
Somewhat common	34/99 (34%)	1.52 (0.88-2.61)	75/98 (77%)	0.93 (0.53-1.64)	
Slightly/not at all common	37/143 (26%)	1.00 for reference	107/141 (76%)	1.00 for reference	
Perceived RSV severity					
Extremely/moderately serious	43/129 (33%)	1.22 (0.58-2.57)	100/129 (78%)	1.31 (0.60-2.86)	
Somewhat serious	33/117 (28%)	0.93 (0.47-1.84)	87/115 (76%)	1.06 (0.52-2.18)	
Slightly/not at all serious	13/43 (30%)	1.00 for reference	33/43 (77%)	1.00 for reference	
Bronchiolitis familiarity and experience					
Good/moderate understanding and	27/88 (31%)	1.30 (0.65-2.60)	68/89 (76%)	0.75 (0.36-1.53)	
direct/indirect experience				,	
Slight understanding	29/102 (28%)	1.13 (0.63-2.00)	77/101 (76%)	0.81 (0.44-1.48)	
No understanding	32/120 (27%)	1.00 for reference	86/116 (74%)	1.00 for reference	
Perceived bronchiolitis frequency					
Extremely/moderately common	33/107 (31%)	0.67 (0.33-1.37)	85/107 (79%)	1.04 (0.49-2.19)	
Somewhat common	26/96 (27%)	1.25 (0.68-2.31)	69/95 (73%)	1.36 (0.72-2.60)	
Slightly/not at all common	26/101 (26%)	1.00 for reference	73/98 (74%)	1.00 for reference	
Perceived bronchiolitis severity	20,101 (20,0)			1.00 for reference	
Extremely/moderately serious	55/190 (29%)	0.38 (0.15-0.93) *	143/188 (76%)	0.63 (0.24-1.65)	
Somewhat serious	19/84 (23%)	0.27 (0.11-0.68) *	62/84 (74%)	0.52 (0.24-1.05)	
	· · · ·	1.00 for reference	· · · ·	1.00 for reference	
Slightly/not at all serious	11/28 (39%)	1.00 for reference	20/26 (77%)	1.00 for reference	

\*=p<0.05; \*\*=p<0.01

**Table 3**: Ordinal regression analysis of factors predicting the willingness of healthcare

 professionals to support RSV vaccination during pregnancy as part of a clinical trial, or if

 routinely recommended

Variable	Number who'd be 'very likely' or 'likely' to support RSV vaccination as part of a clinical trial	Adjusted odds ratio (95% CI)	Number who'd be 'very likely' or 'likely' to support RSV vaccination if routinely recommended	Adjusted odds ratio (95% CI)
Professional group				
Obstetrics	34/37 (92%)	2.50 (1.01-6.16) *	33/37 (89%)	4.08 (1.53-9.81) **
Midwifery	102/151 (68%)	1.00 for reference	119/151 (79%)	1.00 for reference
Time in maternity care				
21+ years	46/62 (74%)	0.51 (0.14-1.83)	46/62 (74%)	0.43 (0.12-1.62)
11-20 years	31/46 (67%)	0.38 (0.11-1.34)	34/46 (74%)	0.79 (0.22-2.86)
2-10 years	47/66 (71%)	0.68 (0.22-2.10)	60/66 (91%)	1.39 (0.43-4.42)
<2 years	14/17 (82%)	1.00 for reference	15/17 (88%)	1.00 for reference
Study site				
Site A	30/41 (73%)	3.94 (1.46-10.61) **	34/41 (83%)	3.95 (1.39-11.26) *
Site B	35/53 (66%)	3.19 (1.23-8.30) *	46/53 (87%)	6.23 (2.22-17.46) ***
Site C	51/61 (84%)	5.80 (2.36-14.21) ***	47/61 (77%)	1.97 (0.81-4.83)
Site D	22/37 (59%)	1.00 for reference	29/37 (78%)	1.00 for reference
Has own children				
Yes	88/127 (69%)	0.59 (0.28-1.24)	101/127 (80%)	0.86 (0.39-1.91)
No	50/65 (77%)	1.00 for reference	55/65 (85%)	1.00 for reference
Ethnicity				
White British	126/175 (72%)	1.01 (0.34-3.06)	142/175 (81%)	1.41 (0.44-4.46)
Non-White British	12/17 (71%)	1.00 for reference	14/17 (82%)	1.00 for reference
RSV experience				
Direct experience	22/26 (85%)	2.65 (0.79-8.86)	24/26 (92%)	1.41 (0.39-5.07)
Indirect experience	20/27 (74%)	1.17 (0.42-3.31)	23/27 (85%)	0.74 (0.25-2.22)
No experience	96/139 (69%)	1.00 for reference	109/139 (78%)	1.00 for reference
RSV familiarity				
Good/some understanding	19/22 (86%)	4.42 (1.10-17.83) *	20/22 (91%)	6.07 (1.23-29.93) *
Poor understanding	87/114 (76%)	1.81 (0.88-3.73)	91/114 (80%)	1.07 (0.51-2.24)
No understanding	32/55 (58%)	1.00 for reference	44/55 (80%)	1.00 for reference
Perceived RSV frequency				
Extremely common	29/36 (81%)	1.43 (0.45-4.51)	30/36 (83%)	1.96 (0.57-6.76)
Moderately/somewhat common	84/116 (72%)	0.92 (0.43-1.98)	95/116 (82%)	1.20 (0.54-2.67)
Slightly/not at all common	25/39 (64%)	1.00 for reference	30/39 (77%)	1.00 for reference
Perceived RSV severity				
Extremely serious	27/35 (77%)	4.85 (1.11-21.28) *	26/35 (74%)	1.25 (0.28-5.55)
Moderately/somewhat serious	113/138 (82%)	4.16 (1.26-13.75) *	117/138 (85%)	4.41 (1.32-14.78) *
Slightly/not at all serious	8/17 (47%)	1.00 for reference	12/17 (71%)	1.00 for reference
Bronchiolitis familiarity and				
experience				
Good/moderate understanding and	58/77 (75%)	0.84 (0.10-6.94)	66/77 (86%)	0.99 (0.12-8.35)
indirect/direct experience				
Slight understanding	78/111 (70%)	0.98 (0.13-7.49)	87/111 (78%)	0.98 (0.13-7.56)
No understanding	2/4 (50%)	1.00 for reference	3/4 (75%)	1.00 for reference
Perceived bronchiolitis frequency				
Extremely common	29/34 (85%)	1.05 (0.34-3.25)	27/34 (79%)	0.55 (0.17-1.80)
Moderately/somewhat common	88/124 (71%)	1.44 (0.63-3.29)	104/124 (84%)	1.07 (0.45-2.51)
Slightly/not at all common	21/34 (62%)	1.00 for reference	25/34 (74%)	1.00 for reference
Perceived bronchiolitis severity				
Extremely serious	36/47 (77%)	0.35 (0.054-2.28)	38/47 (81%)	0.96 (0.15-6.39)
Moderately/somewhat serious	96/136 (71%)	0.29 (0.052-1.65)	111/136 (82%)	0.54 (0.10-2.99)
Slightly/not at all serious	6/9 (67%)	1.00 for reference	7/9 (78%)	1.00 for reference

 $*=p<\!\!0.05; **=p<\!\!0.01; ***=p<\!\!0.001$ 

## **Supplementary information**

#### 1) Questions for pregnant women analysed in this study

## (1) Before taking part in this survey, how familiar were you with Respiratory Syncytial Virus (sometimes shortened to RSV)?

- $\Box$ I have never heard of it
- □I have heard of it, but don't really know what it is
- □I know some facts about what it is
- □I have a good understanding about RSV infection and its implications

#### (2) What experience do you have of RSV?

- □I have no experience of it
- □I know someone who has experience of it
- □I have direct experience of it

#### (3) How common do you think RSV infection is in babies and young children?

- $\Box Not$  at all common
- □Slightly common
- $\Box$ Somewhat common
- □Moderately common
- □Extremely common

#### (4) How serious do you think RSV infection is for babies and young children?

- $\Box$ Not at all serious
- □Slightly serious
- $\Box$ Somewhat serious
- □Moderately serious
- □Extremely serious

## (5) Before taking part in this survey, how familiar were you with bronchiolitis in babies and young children?

- $\Box$ I have never heard of it
- □I have heard of it but don't know what it is
- □I know some facts about it
- I know what it is and know someone who has experience of it
- □I know what it is and have direct experience of it

#### (6) How common do you think bronchiolitis is in babies and young children?

- $\Box$ Not at all common
- □Slightly common
- $\Box$ Somewhat common
- $\Box$ Moderately common

□Extremely common

#### (7) How serious do you think bronchiolitis is for babies and young children?

 $\Box$ Not at all serious

□Slightly serious

 $\Box$ Somewhat serious

□Moderately serious

DExtremely serious

# (8) Would you be *<u>potentially</u>* willing to receive a RSV vaccine during pregnancy as part of a research study to determine its safety and effectiveness, before the vaccine is approved for routine use?

Your response to this question will not affect whether or not you receive further information about such studies and **does not mean** that you are agreeing to take part in any vaccine research studies.

□Extremely unlikely □Unlikely □Neutral/not sure □Likely □Extremely likely

## (9) What information would you consider to be important when considering taking part in a research study of a RSV vaccine?

#### <u>Please rank the top 3 most important to you</u>: (1= most important information for you to know)

 $\Box$  How common RSV is

□How serious RSV is

□Number of healthy adults who have received the vaccine

□Number of pregnant women who have received the vaccine

□Likelihood of side effects for me

Likelihood of side effects for my baby

(10) One type of a research study is a "Randomised Controlled Trial" where there are two (or more) groups who are treated exactly the same, except only one group gets the true vaccine under investigation. The other group may get a 'placebo' (dummy or inactive) injection.

This type of study allows the researchers to check that any differences between the groups are due to the vaccine only. Importantly, patients or staff do not get to choose whether they receive the proper vaccine or the dummy.

#### After reading the above information:

I would be less likely to take part as I would want to guarantee that I would have the vaccine

□I would be more likely to take part as I might not get the vaccine

□This would not affect my decision

(11) In some randomised controlled trials, patients are given <u>different doses (amounts)</u> of the vaccine under investigation in order to work out which is the best dose to use in future vaccines. These different doses would be calculated before the trial starts, but patients or staff involved in the study do not get to choose which of these doses they receive.

After reading the above information:

 $\Box$ I would be less likely to take part

 $\Box$ I would be more likely to take part

□This would not affect my decision

## (12) What other factors would discourage you from taking part in a research study of a vaccine in pregnancy?

Please rank the following: (1= factor that would most discourage you, 4= factor least likely to discourage you)

□Number of hospital visits

□Number of home visits

 $\Box$ Number of blood tests for me

□Number of blood tests for baby

 $\Box$ Other, please

specify.....

## (13) How would you <u>most</u> like to be approached about taking part in a research study? *Tick one answer:*

□Asked by my midwife

□Asked by my obstetrician

□Asked by my GP

Given a leaflet/poster with contact details for the study team

□Adverts of the internet (e.g. pregnancy forums)

□Email from the study team

□Approached directly by the study midwife/doctor

□I wouldn't mind how I was approached

Other:....

## (14) If you were approached about taking part in a research study, how much time would you like to fully consider whether or not you would like to take part?

 $\Box$ <24 hours

 $\Box$ 1-2 days

□3-7 days

 $\Box$ 2-3 weeks

 $\Box > 1$  month

## (15) Would you be willing to receive this vaccine in pregnancy if it was routinely recommended for use in pregnancy in the NHS?

Definitely

□Probably

□Maybe

□Probably not

Definitely not

(16) There are a number of different vaccines that are being designed for use in pregnancy to protect mothers and infants against severe infection. How many vaccines would be acceptable to you in pregnancy?

 $\Box 0$ 

 $\Box 1$ 

 $\Box 2$ 

□3

□4

□5

 $\Box$ More than 5

#### (27) How old are you in years?

16-24 🗆 25-30 🗆 31-35 🗆 36-40 🗆 41-45 🗆 46+ 🗆

#### (28) How many weeks pregnant are you?

Less than 12 
 12-16 
 17-20 
 21-30 
 31-36 
 37+

#### (19) To what ethnic group do you feel you belong? (Please circle)

White	Black / African / Caribbean / Black
British	A.C.:
- English / Welsh / Scottish / Northern Irish	- African
/ British Irish	- Caribbean
- Gypsy or Irish Traveller	- Other (please
specify)	
- Other (please specify)	
Mixed/Multiple ethnic groups	Other ethnic group
- White and Black Caribbean	- Arab

- Other (please

I'd prefer not to say

- White and Black African specify).....

- White and Asian

- Other (please specify) .....

#### Asian / Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese

- Other (please specify) .....

#### (20) Have you had any children before?

#### $\Box$ Yes.

□No

(21) <u>Optional</u>: Do you have any comments or concerns about any of the issues raised in the questionnaire?

#### 2) Questions for healthcare professionals analysed in this study

## (1) Before taking part in this survey, how familiar were you with Respiratory Syncytial Virus (sometimes shortened to RSV)?

- $\Box$ I have never heard of it
- □I have heard of it, but don't really know what it is
- □I know some facts about what it is
- □I have a good understanding about RSV infection and its implications

#### (2) What experience do you have of RSV?

- □I have no experience of it
- □I know someone who has experience of it
- □I have direct experience of it

#### (3) How common do you think RSV infection is in young children?

- $\Box$ Not at all common
- $\Box$ Slightly common
- $\Box$ Somewhat common
- □Moderately common
- □Extremely common

#### (4) How serious do you think RSV infection is for young children?

- $\Box$ Not at all serious
- □Slightly serious
- □Somewhat serious
- □Moderately serious
- □Extremely serious

#### (5) Before taking part in this survey, how familiar were you with bronchiolitis in young children?

- $\Box$ I have never heard of it
- □I have heard of it but don't know what it is
- □I know some facts about it
- I know what it is and know someone who has experience of it
- □I know what it is and have direct experience of it

#### (6) How common do you think bronchiolitis is in young children?

- $\Box Not$  at all common
- $\Box$ Slightly common
- $\Box$ Somewhat common
- □Moderately common

#### □Extremely common

#### (7) How serious do you think bronchiolitis is for young children?

 $\Box$ Not at all serious

□Slightly serious

 $\Box$ Somewhat serious

 $\Box$ Moderately serious

□Extremely serious

# (8) Would you be *potentially willing* to support a randomised controlled trial of RSV vaccine in pregnancy to determine its safety and how well it prevents infection in children, by signposting the study to women?

Your response to this question <u>will not affect</u> whether or not you receive further information about such studies

□Extremely unlikely

□Unlikely

 $\Box$ Neutral/not sure

□Likely

□Extremely likely

## (9) Would you be willing to support the administration of this vaccine if it was routinely recommended for use in the NHS?

Definitely

□Probably

□Maybe

□Probably not

Definitely not

## (10) What factors would influence your decision regarding whether or not you would be willing to support involvement in a RSV vaccine research study before it is licensed?

#### <u>Please rank the top 3 factors</u>: (1= factor that would most influence you)

The number of pregnant women who had previously received the vaccine in research studies

□How common RSV is in children

□Seriousness of RSV infection in young children

How effective the vaccine is in preventing RSV infection

□How effective the vaccine is in preventing severe RSV disease

□Risk of side effects for the mother

□Risk of side effects for developing baby

 $\Box$  Other (please specify):

.....

## (11) How many pregnant women would the vaccine have to be safely tested on in a research study for you to <u>consider</u> supporting such a trial?

□None

$\Box$ Over 10							
$\Box$ Over 100							
□Over 500							
□Over 1000							
□Over 5000							
□Over 10,000							
□I would not sup	port such	a trial					
(12) Which healt	thcare pr	ofessional gro	oup do yo	u bel	ong to?		
□Midwifery							
□Other (please s	tate)						
				•••••			••••
(13) How long ha	ave you v	vorked in ma	ternity ca	re?			
□Under 2 years							
$\Box$ 2-5 years							
$\Box$ 6-10 years							
□11-15 years							
□16-20 years							
$\Box$ 21+ years							
(14) What is you 1. Midwifery/nurs	sing staff			_			
Band 4Ban2. Obstetricians	nd 5 □	Band 6 $\Box$	Band 7		Band 8 □	Band 9 □	
ST 1-3 (or equiva	lent) 🗆	ST 4-6 (or eq	quivalent)		ST 7-8 (or	equivalent) 🗆	Consultant $\Box$
(15) Have you ha □Yes.	-						
	e their age	? es?	•••••	•••••	•••••		
	Child 1:	Less than $1 \square$	] 1-5 🗆	6-10 [	□ 11-16	□ 17+□	
	Child 2:	Less than $1 \square$	] 1-5 □	6-10 [	□ 11-16	□ 17+□	
	Child 3:	Less than 1 $\Box$	] 1-5 □	6-10[	□ 11-16	□ 17+ □	
	Child 4:	Less than 1 $\Box$	] 1-5 □	6-10 [	□ 11-16	□ 17+ □	
□No							
(16) To what eth	nic grouj	p do you feel	you belor	ng? (P	lease circ	le)	
White					Bla	ck / African /	Caribbean / Black
British - English / Welsh / British Irish - Gypsy or Irish T specify) - Other (please sp	Traveller				- C	frican aribbean ther (please	

Mixed/Multiple ethnic groups - White and Black Caribbean	<b>Other ethnic group</b> - Arab
- White and Black African specify)	- Other (please
- White and Asian - Other (please specify)	
Asian / Asian British	I'd prefer not to say

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Other (please specify) .....

(17) *Optional:* Do you have any comments or concerns about vaccination or vaccine research studies during pregnancy?

#### 3) Free-text comments from pregnant women and healthcare professionals

*Response to the question: Do you have any comments or concerns about vaccination or vaccine research studies during pregnancy?* 

#### **Pregnant women**

- 1. I think vaccine trials are very risky even though very important so every available information should be made available to the participant before commencing including all known possible side effects
- 2. Many vaccines contain unsafe levels of mercury in some cases some are produced on human tissue (DNA) and contain various other toxins. I believe a baby is born with a perfect immune system which takes up to 3 years to fully develop and that it's not healthy injecting a perfectly healthy child with chemicals and toxins (mercury)
- 3. I am glad to hear that the NICE guidelines will be reviewed and that possibly new vaccines will be introduced
- 4. I am taking part in a RSV vaccine trial
- 5. I'm very keen for my baby to have as many vaccines as possible & fully support such research
- 6. I would want the vaccine fully tested and approved before I would have it
- 7. Our daughter suffered from bronchiolitis at age 2 weeks old so as long as the vaccine was safe we would definitely have it to prevent this baby suffering like our daughter did
- 8. I would consider vaccination if I was having a normal singleton pregnancy

- 9. I'm a bit of a unique case because I've had an adverse reaction to a vaccine in the past and wouldn't risk it in pregnancy unless I had to
- 10. Child died at 20 months. RSV sounds very like what my son had when he died
- 11. No concerns. I am very pro vaccinations both for myself during pregnancy and for my children
- 12. I am having a slightly bumpy pregnancy and this is one of the reasons I would be reluctant to take part in a research study which could increase the risks for the pregnancy complications. If I was a low-risk person I would be more willing to take part. Likewise, if this wasn't my first baby I might be more willing
- 13. Information about the potential side effects of the trial vaccinations would have been helpful for me to make more informed decisions
- 14. I've not heard of RSV before sounds concerning and something I would have liked to have been told about earlier in my pregnancy
- 15. I've heard of many children developing chest infections as young babies and anything to avoid this I feel should be actively encouraged
- 16. I would like the opportunity to ask more questions and have more information before agreeing to vaccination
- 17. I would only have medication in pregnancy that has been approved by the BMA. Diabetics have a lot of complications anyway
- 18. No thank you for all the amazing work/research you do
- 19. I believe the stage of drug trial to be more pertinent to the decision-making process than the number of vaccinations received.
- 20. My concern in taking part in a research study is the unknown side effects to my baby and whether the potential side effects would cause more harm than the virus itself. Whilst I appreciate research needs to be done and the vaccine will have been thoroughly tested on other test groups testing pregnant women/babies is still a concern for me
- 21. Not really aware enough of the issue to comment on some of the questions
- 22. In my experience, the flu vaccine has made me ill. I would not feel comfortable having a trial vaccine as a first-time mother

#### Maternity healthcare professionals

- I would want to see safety data in non-pregnant participants concerning side effects and efficacy before I supported vaccine studies on pregnant women. I understand that effectiveness in preventing baby bronchiolitis could not be assessed using non-pregnant subjects but would reassure health workers that we aren't supporting an action that could cause harm.
- 2. I would worry about safety /side effects to mum and baby if not tested before being given to pregnant women
- 3. Knowledge to midwives about RSV is very limited without having first-hand experience of it or working alongside paediatric teams. It's not widely taught in training perhaps because our care for infants doesn't go much beyond 10-28 days postnatally

- 4. My son needed ECMO because of this infection but he was too unstable to transfer to Gt O S we very nearly lost him at 12 days old. He caught it from his sister who was 2 and poorly when he was born. This serious infection wiped the first 2 months of a normal newborn period for us. He did get asthma as a child and took months to catch up.
- 5. Side effects baby especially.
- 6. I'm not convinced that RS virus needs vaccination. Depends on the severity of chance of later disease in the child. I think we build up immunity ourselves and therefore the number needed to treat is probably high to prevent severe RS virus infection in children.
- 7. I would want some evidence that the vaccine is safe.
- 8. My children were born at 27/40 and 32/40 week's gestation. For our 27/40 week-old baby it was very serious.
- 9. Potential risks to unborn and ability to be honest with mother about risks v benefits.
- 10. Risk to unborn.
- 11. Can't really answer question of how many women vaccines would have to be safely tested on as I don't know what the predicted rate of adverse reactions/side effects. As long as sufficiently powered I would be happy. No concerns as long as properly conducted. Vaccination research environment is heavily regulated so very confident.
- 12. That the vaccine is safe for the mother and unborn child. This has to be paramount and is of high concern with the majority of the public.
- 13. When testing for side effects -there should be follow-up of at least 5 years on the child whose mother received the vaccine. We are woefully short on long-term effects and in order to fully discuss (and understand) the effects of vaccinations in pregnancy these time-frames should be mandatory. Lack of long-term data does not reassure me that we should be vaccinating in pregnancy.
- 14. Effect on the baby that are so far unknown. Another vaccine could it be combined with present vaccines?
- 15. I would worry about a trial re the long term unknown effects on the health of children whose mothers received the vaccine whilst they were in utero.
- 16. Yes, the potential risks to mother and unborn baby